

CS04: One Day Confined Space Entry Medium Risk Refresher

Purpose of the course:

This course delivers 7 hours Accredited Continuing Professional Development (CPD) classroom and practical instruction and follows the principles laid down in the National Occupational Standards EUSCS02 Working in medium risk confined spaces. It is aimed at operatives who have previously completed the 2 day course and require refresher training. The course will remind delegates of how to carry out gas monitoring and the requirement to carry escape breathing apparatus. Refresher training will involve the presence of one or more people, positioned outside the confined space, who have designated responsibilities for controlling the entry into the confined space. This may involve vertical entry using a ladder and fall arrest/recovery winch or man-riding winch and harness. It can also involve horizontal entry, such as walking or climbing into the confined space or working away from the bottom of a vertical entry, with limited use of a rescue lines.

On completion of the course, delegates should be competent to continue to operate in medium risk confined spaces, understand the risks that may be present or introduced and ensure that appropriate control measures and equipment are in place prior to entry.

What will be covered on the course:

- ✓ Reminder of confined spaces and their environments
- ✓ Overview of equipment and tools including Escape Breathing Apparatus (EBA)
- ✓ Overview of working with others
- ✓ Overview of dealing with emergencies
- ✓ Overview of medium risk confined space working environments
- ✓ Overview of working safely (Safe system of work)
- ✓ Overview of dealing with emergencies
- ✓ Reminder of the MoD Chapter 6 Safety Rule Book (MoD courses only)
- ✓ Prepare to enter and work safely in medium risk confined spaces
- ✓ Enter and exit a confined space safely
- ✓ Using EBA, equipment and tools safely and in accordance with manufacturers' specifications
- ✓ Following procedures and working safely
- ✓ Deal with a practical emergency

